



Sierra Challenge Express in conjunction with Sierra Multisport Productions.  
Presents the seventh Annual



# Valentines 5k. Fun Run/Walk Feb.14<sup>th</sup> 2010

**Start the New Year out right - run or walk with your partner, friend or child, or join us to meet maybe the love of your life! You can participate individually or as a couple. Dinner and lunch gift certificates will be given away as raffle prizes.**

When: Sunday February 14th - 8:00 AM start. Registration opens at 7:00 AM  
Where: Woodward Park, Mountain View picnic shelter, Fresno, CA  
Course: 5 K. Run or Walk.

Entry Fee: Your entry fee will include customized socks to the first 150 entries. A heart shaped finishers medal.

Fee		After 02-02-2010
Individual	\$15	\$20
Couple	\$25	\$35

Mail entry form and fee to:  
Sierra Multisport Productions, llc  
272 W. Teague Ave  
Fresno, CA, 93711

Event directors: Faron and Heleen Reed  
Phone: 559-435-7541  
Faron-Heleen@sbcglobal.net  
www.sierramultisport.com

Entry form for Valentines Fun Run Saturday February14<sup>th</sup>, 2010  
Please fill out and mail with entry fee

Circle Event: Individual Male / Individual Female / Couple (Team Name:\_\_\_\_\_)

Name \_\_\_\_\_ M / F E-mail: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name \_\_\_\_\_ M / F E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Sock size: S M L Age\_\_\_\_\_

Sock size: S M L (Team) Age \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_

Rules: All participants must sign attached waiver prior to start of the event.

Directions:

From FWY 41 coming from the South: Take exit Friant Road. Turn right at the traffic light – you are on Friant Road. Turn left on Audubon – the park is on you right-hand side. Follow the signs.

From FWY 41 coming from the North take exit Friant Road. Turn left at the traffic light – you are on Friant Road. Turn left on Audubon – the park is on your right-hand side. Follow the signs.

AWARDS: The winners of the couple run will receive dinner for two. Because this is a Fun Run No age group awards will be presented. Instead we will have raffle prizes with dinners and lunches to local restaurants, to give all runners and walkers an equal change to win a prize.

Volunteers are always welcome and appreciated. Volunteer and have some fun. This is a rain or shine event. Sorry no refunds.



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what are YOU doing today?

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Waiver and release from Liability

Please read carefully before signing. I acknowledge that running in an event is an extreme test of a person’s physical limits and carries with it the potential for death or serious injury. I hereby assume the risks of participation in this event. I certify that I am physically fit, have sufficiently trained for participation in this event. I waive, release and discharge from any and all claims, losses, or liabilities for personal injury, medical or hospital bills which may in the future arise out of or relate to my participation in this event. The following persons or entities: Sierra Multisport Productions, Sierra Challenge running express, event sponsors, race directors, volunteers, and city parks. I agree not to sue any of the persons or entities mentioned above for any of the claims, losses, or liabilities that I have waived, or released. I hereby affirm that I have read this document, and understand the contents.

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_